

## BIOGRAPHY AND TRAINING



### Jacqueline T. Ambrow, MA, CHt, CFA

#### Leading-Edge Practitioner:

- ❖ Certified Hypnotherapist and Advanced EFT Practitioner
- ❖ Applied Anthropologist
- ❖ Certified Franchise Advisor

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#### Vetted by Psychology Today and Heal.Me

Jackie Ambrow is a highly effective and innovative practitioner of Applied Anthropology, Hypnotherapy and Emotional Freedom Technique. She helps individuals, families, groups, businesses and organizations adapt to and create change consciously and achieve their goals for healthier relationships, skillful communication, habit modification, stress reduction, overcoming fears and performance anxiety, and increasing self-confidence and self-esteem. She works with clients who have health-related issues and goals by referral from a licensed healthcare provider. As a Certified Franchise Advisor, she also helps clients build wealth through strategic business ownership.

#### Hypnotherapy Credentials

- ❖ **Certified Hypnotherapist** (Certification # 5187256), Hypnotherapists' Union Local 472 (2011) and the American Hypnosis Association
- ❖ **Diplomate, Certified Master Hypnotist**, Hypnosis Motivation Institute, 2009

#### Hypnotherapy Training

Ms. Ambrow graduated in 2009 as a Diplomate in Hypnotherapy at the prestigious Hypnosis Motivation Institute (HMI) in Tarzana California with a 95% cumulative average.

HMI was founded in 1968 and became the United States' first nationally accredited college of hypnotherapy. HMI's Hypnotherapy Program consists of more than 300 hours of instruction and study in hypnosis, in addition to 200 hours of practicum experience under the supervision of staff instructors holding teaching credentials from the California State Department of Education, for **a total of over 500 hours of training, not including the training and certifications listed below.**

#### Professional Memberships

- ❖ American Hypnosis Association, Certified Specialist
- ❖ Hypnotherapists' Union Local 472; Certified Hypnotherapist
- ❖ Society for Applied Anthropology
- ❖ American Anthropological Association

#### 13 Specialist Certifications - American Hypnosis Association

- ❖ Advanced Emotional Freedom Technique
- ❖ Hypnosis for Anxieties and Fears

#### 13 Specialist Certifications - American Hypnosis Assoc., cont'd:

- ❖ Hypnosis for Clients with Cancer
- ❖ Hypnosis for Attention Deficit Disorders (ADD/ADHD)
- ❖ Hypnosis for Childbirth
- ❖ Hypnosis for Immune Disorders (also Cancer & Diabetes)
- ❖ Hypnosis for Pain Management
- ❖ Hypnosis for Post-Traumatic Stress Disorder (PTSD)
- ❖ Hypnosis for Pre- and Post Surgery
- ❖ Hypnosis for Smoking Cessation
- ❖ Sports Hypnosis and Peak Performance
- ❖ Weight Loss Hypnosis
- ❖ Past Life Regression

#### EFT Training with Dr. Garland Landrith, Ph.D., Quantum Psychologist, Developer of Quantum Tapping Technique

(EFT + Heart Math + Quantum Flow, "Tapping into Bliss")

#### Continuing Education with the American Hypnosis Association

ABCs of Success | First Three Sessions | Demonstrational and Stage Hypnosis | How to Give a Dynamic Hypnosis Speech | Emotional Freedom Technique Basics | Advanced Emotional Freedom Technique | Master the Arm Raising Induction | Intimate Conversations with Dr. John G. Kappas | Rapid and Instant Inductions

#### Other Education and Experience

- **Certified Franchise Advisor** personally trained/mentored by Dr. Robert A. Needham, Education Director, National Franchise Alliance
- **Founder of Transformation Roadtrip LLC and Co-Founder of Positively H.U.B. - Humans Undergoing Breakthrough**
- **Founder | Supervising Anthropologist | Spanish Interpreter/Translator at Culture Guides, Inc.** (40+ languages, 125+ interpreters/translators) and **E Pluribus, LLC**, 1996 - 2015
- **Master of Arts - Anthropology**, University of Missouri-Columbia
- **Graduate Studies - Spanish Literature, Language & Culture**, University of Kansas, Lawrence, KS
- **Latin American Studies Fellowship for Graduate Study Abroad**, Guadalajara, Jalisco, Mexico (University of Kansas)
- **Bachelor of Arts - Spanish**, University of Missouri-Kansas City. Inducted, **Spanish National Honor Society.**
- **Undergraduate Study Abroad in Xalapa, Veracruz, Mexico** (University of Missouri-Kansas City)
- **Bachelor of Arts - Psychology**, University of Missouri-Kansas City. Inducted, **Psi Chi Honor Society.**
- **Certificate in Emergency Medical Technology and Substitute EMT Instructor**, Penn Valley Community College
- **Violin**, Conservatory of Music, Univ. of Missouri-Kansas City
- **Medical School** (Six-Year Accelerated M.D./B.A. Program) University of Missouri-Kansas City (three years)
- **Graduate, Landmark Education:** Adult Forum, Advanced Course, Relationship Seminar, Creating Happiness Seminar